



February 17, 2010

On behalf of the Sunday River Ski Resort we would like to congratulate you on qualifying to compete at the 2010 TD Bank JIII Eastern Olympics. Sunday River and Gould Academy are excited to have you come and be our guest for four days of racing.

Included in this packet are the materials, literature, and schedule for the four-day event, to be held from Saturday, March 13, through Tuesday, March 16. Whether you plan on spending all of your time on the hill participating, watching some great ski racing, visiting the local area or relaxing at a heated pool at one of our slopeside hotels or condominiums, we hope you have a great time. We encourage you to review the website for Sunday River, www.sundayriver.com, where you will find additional information about what is happening during your time with us.

For those of you that can't make the trip to Sunday River, you can watch "live" timing of the events online at www.live-timing.com. Additionally, we will post start lists and results to this website.

Again, congratulations athletes on your ski racing accomplishments. You should be proud to be a top alpine ski racer representing your state in this exciting event. We look forward to seeing you and your family members on the slopes!

Jake Treadwell
Competition & Events Director
Sunday River

Mark Godomsky
Director On-Snow Programs
Gould Academy



**Information Packet for Athletes and Parents for
USSA Eastern J3 Olympics
March 13-16, 2010**

Welcome to Sunday River!

Sunday River, Maine Alpine Racing Association and the Gould Academy Competition Program welcomes you as one of Eastern's best ski racers. We hope that you enjoy your time here!

Registration

On Friday, March 12th at registration, each athlete will receive a Sunday River credential for the duration of the event along with a 4 Day Lift Ticket. The lift ticket must be worn at all times while skiing so be sure to affix it to your helmet or boots not to your jacket which will be left at the top of the course. The credential will allow athletes to access the awards banquet, pizza party and ice cream social.

Each athlete must complete the attached entry form and release of liability. Payment can be made in advance by calling 207-824-5084 with credit card information. Checks must be made payable to Sunday River. Entry forms and releases can also be faxed to 207-824-6812.

Registration will be held on Friday, March 12, 3-6PM in the Whittier Room of the Grand Summit Hotel and on Saturday, March 13, 7-9AM in the Whittier Room of the Grand Summit Hotel. At registration you will pick up a schedule of events, goodie bag, credential and lift ticket. Parents may also purchase awards party tickets. We strongly recommend attending registration on the evening of the 12th to avoid lines on Saturday morning.

USSA Eastern J3 Olympics
March 13-16, 2010

Race Headquarters

Friday, March 12	8am - 2pm	Sunday River Competition Bldg/Barker Base Area
	3pm - 6pm	Whittier Room, Grand Summit Hotel
Saturday, March 13	7am - 9am	Whittier Room, Grand Summit Hotel
	8am - 2pm	Sunday River Competition Bldg/Barker Base Area
	3pm - 4pm	Whittier Room, Grand Summit Hotel
Sunday, March 14	8am - 4pm	Sunday River Competition Bldg/Barker Base Area
Monday, March 15	8am - 2pm	Sunday River Competition Bldg/Barker Base Area

Race Chairman

Jake Treadwell

Technical Delegate

TBD

Parent/Sibling Tickets

Parent/sibling tickets can be obtained at the Sunday River Competition Building at Barker Base Area for \$45/day.

Coaches

Coaches must present their USSA card to obtain a coaches ticket. These tickets will be available at registration.

Technical Event Awards

The awards party will be held at the Grand Summit Hotel in the Grand Ballroom at 5:30 on Sunday evening. Tickets will be sold at registration and at the Sunday River competition building from 8:00 - 3:00 daily through noon on the 14th. If you would like to purchase a ticket you can also e-mail esell@sundayriver.com or call Liz at 207-824-5084. Parent tickets are \$20.

Accommodations

Call Sunday River's reservation line at 800-543-2754 for many options for on-mountain lodging. We have a great discount for JO families that we are offering for the long-weekend as follows:

**USSA Eastern J3 Olympics
March 13-16, 2010**

J3 Olympics March 12 – 16, 2010

Group# 84V33E

Condo's	Mdwk	Wknd	Snow Cap Inn	Mdwk	Wknd	Grand Summit Hotel	Mdwk	Wknd
Studio	\$135	\$225	INN	\$90	\$150	Studio/Stan(2)	\$156	\$225
1Bedroom	\$180	\$300				1BdrmSuite(4)	\$312	\$450
2Bedroom	\$270	\$450						

Dining

There are so many options for kid-friendly dining in the Sunday River area. If you want to stay on mountain there is a restaurant at the Summit Hotel called Legends. In the White Cap base area you'll find Shipyard Brew Haus for good pub fare and Sunday River's newest eatery, Mountains of Pasta.

Along the access road is the Matterhorn for wood-fired pizza, Liams for filling Italian/American cuisine and the Sunday River Brew Pub for smoke house delights! If you go to the Sunday River website at www.sundayriver.com you'll find much more info.

Lost Athlete/Coach Credentials and Tickets

There will be a \$50 charge for lost athlete or coach multi-day ticket.

There will be a \$25 charge for lost athlete or coach credential.

Bib Numbers

Bibs will be distributed to coaches at the Team Captains Meetings each evening and collected at the finish line after the last run of each day.

Race Trail Access

Only athletes, coaches, race crew and officials will be allowed within the course area.

Spectators

The SG venue has limited viewing although can be seen from Grand Junction, at the top of Cascades. The SL and GS course finishes at the base of Monday Mourning which can be viewed from the deck of Barker Base Lodge. It can also be seen from the side of the trail and is easily accessible from the bottom with snowshoes.

USSA Eastern J3 Olympics
March 13-16, 2010

Coaches Tickets

Consistent with USSA policies, the rule for complimentary coach lift tickets is set forth below. All athletes are entitled to representation by a coach from their home program and as such:

First Coach - Complimentary if 1-4 athletes competing from their program

Second Coach - Complimentary if 5-8 athletes competing from their program

Third Coach - Complimentary if 9-12 athletes competing from their program

Fourth Coach - Complimentary if more than 12 athletes competing from their program

Sunday River will offer a discounted lift ticket for \$30 per day for official coaches from any participating program in excess of the Complimentary level if their organization would like to have additional coaches at the event.

Coaches names must be submitted in advance to kcrooker@sundayriver.com.

Required Paperwork

The following items must be received prior to the athlete being issued a bib:

- Athlete registration/release form
- Check/credit card payment of \$200 for registration fees. Checks must be written to Sunday River

Friday, March 12th

Training space is available by contacting jtreadwell@sundayriver.com to reserve hill space. Athlete training tickets will be available at the Sunday River Competition Building for \$39.

3:00 - 6:00 PM Registration will be held at the Grand Summit Hotel
6:00 PM Team Captains Meeting - Grand Summit Hotel

Saturday, March 13 - Slalom

7:00 - 9:00 AM Registration - Grand Summit Hotel - Whittier Room
7:15 Lift 4 (Locke Mtn Triple) opens for athletes
7:30 - 8:15 Warm-up on Upper Sunday Punch to Cascades
8:15 - 9:15 Course Inspection on T2/Monday Mourning
9:30 First Run Starts
11:30 - 12:15 Course Inspection
1:00 Second Run Start
4:00 Team Captains Meeting - Grand Summit Hotel
5:00 Dinner hosted by Gould Academy

USSA Eastern J3 Olympics
March 13-16, 2010

Sunday, March 14 - Giant Slalom

7:15	Lift 4 (Locke Mtn Triple) opens for athletes
7:30 - 8:15	Warm-up on Upper Sunday Punch to Cascades
8:15 - 9:15	Course Inspection on T2/Monday Mourning
9:30	First Run Starts
11:30 - 12:15	Course Inspection
1:00	Second Run Start
4:00	Team Captains Meeting - Grand Summit Hotel
5:30	Awards Banquet - Grand Summit Hotel Grand Ballroom

Monday, March 15 - Super G Training

8:15 - 9:15	Controlled free ski of race trail - T2/Cascades
9:15	Trail closed for course set
9:30 - 10:30	Course Inspection
11:00	Training run begins
4:00	Team Captains Meeting - Grand Summit Hotel

Tuesday, March 16 - Super G

8:00 - 9:00	Controlled free ski of race trail - T2/Cascades
9:00	Trail closed for course set
9:30 - 10:30	Course Inspection
11:00	Ladies Race begins
12:00	Mens Race begins
2:00	Super G Awards and Ice Cream Social - Finish Area

Questions?

Please contact Kate Crooker at 207-824-5261 or kcrooker@sundayriver.com or Liz Sell at 207-824-5084.



Athlete Last Name: _____ First Name _____

Team/Club: _____ Coach: _____

USSA # _____ Date of Birth: _____ Age: _____ Sex: _____

Parent Name: _____

Mailing Address: _____

Home Phone: _____ Cell Phone: _____

Email address: _____

Emergency Contact: _____

Emergency Phone: _____

Favorite Subject in School: _____

Favorite sport other than skiing: _____

Favorite Food: _____

Favorite Cartoon Character: _____

What is one thing that EVERYONE should know about you? (don't forget that this is going to be announced to all of Sunday River over the loud speaker!!)

SUNDAY RIVER SKI RESORT
ACKNOWLEDGMENT AND ACCEPTANCE OF RISKS AND LIABILITY RELEASE

WARNING: All forms of Alpine competitions and/or activities are hazardous - your safety is directly affected by your judgment. Always Ride/Ski in control. Be alert to the many risks of the sport including, but not limited to changing weather and surface conditions, falls resulting from man-made and natural objects, design and condition of natural and man-made snowshapes, severe terrain changes, hard or uneven landings and collisions with other participants, spectators, snow vehicles, and natural and man-made objects, and freestyle terrain.

I acknowledge and agree that the phrase "risk" means those risks which are listed in this agreement, and in signs and notices throughout the ski area or those that can reasonably be inferred there from.

1. In consideration of being allowed to participate in the Eastern J3 Olympics I **hereby agree to Release, Hold Harmless and Indemnify, Sunday River Skiway Corporation, Boyne USA**, its owners, affiliates, subsidiaries, employees and agents and all of their officers and directors (the Releasees) from any and all responsibility or liability for injury or property damage resulting directly or indirectly from any alleged negligence of the Releasees and the inherent risks of the Event and the sport of snowboarding/skiing including preparation for the Event, accepting for myself any and all such damage or injury which may result.

2. I understand that participation in this Event is/are hazardous and that only I know whether or not I have the physical and mental ability to safely participate in the Event. **I acknowledge that I have been advised to inspect the Event venue prior to practicing or participating and that if I am unsure about my ability to participate I can decline without penalty; otherwise I will have made a voluntary choice to participate despite the risks.** I accept for myself any risks associated with the Event and **PROMISE NOT TO SUE the Releasees** for any and all losses and injury to person or property arising from this Event or the inherent risks explained above.

3. This Agreement is intended to comply with the laws of the State of Maine and only to the extent allowed by law. If any part of this agreement is determined to be unenforceable, all other parts shall be given full force and effect.

4. I agree that all disputes arising under this contract or my use of any facilities at Sunday River shall be litigated in the State or Federal courts in the State of Maine and governed by its laws and procedures.

5. I further agree that this contract is binding upon myself, my heirs and assigns. To the extent that I am signing this document on behalf of any minor, I represent and guarantee that I have full authority to do so realizing the full binding effect of this contract on them as well as on myself, and I further agree to indemnify and hold harmless the Releasees for any claims of negligence brought on behalf of the minor relating to any damages allegedly sustained by the minor while he/she was practicing for or participating in the Event.

6. I also agree, that in the event that anyone makes any claim against the Releasees as a result of any of my activities on their premises or the use of their facilities, that I will indemnify and hold harmless the Releasees from such claims including court cost and attorney fees.

7. For good and adequate consideration, which I acknowledge I have received, I hereby grant, release and quitclaim to the Releasees the right and authority to use, sell, reproduce, and distribute, quoted material, biographical information, my photographs, likeness, recorded voice or videotaped filmed appearances for promotional purposes or programs as the Releasees in their sole discretion shall deem appropriate.

Participant Name (Printed) _____ Signature _____
Date _____ Address _____

As a parent/guardian of the minor participant, I have the authority to execute this agreement for him/her and I hereby consent and agree to be bound by its conditions and I shall indemnify and Hold Harmless the Releasees for all awards, legal fees and expenses and settlements, including attorney's fees for injuries to the participant arising out of Releasees negligence.

Parent/Guardian Name (Printed) _____
Parent/Guardian Signature _____ Date _____



2010 Eastern J3 Olympics: March 13-16, 2010
Awards Party Ticket Order Form

Eastern J3 Olympics Competitor Name*: _____
(please print first and last name)

*If this order form is for a coach who is not complimentary under USSA guidelines as described in this packet, or is the guest of any coach, please put coaches name and note as such above, rather than athlete name.

Please print below the *first and last name* of each person for whom the Awards Party tickets are being purchased under the applicable age category. Eastern J3 Olympics Competitors receive complimentary admission to the Awards Party so you do not need to purchase a ticket for the competitor.

Adults & Children 12 & above: _____

Children 11 & under: _____

Number of Adults and Children ages 12 and over: _____ x \$20.00 per ticket = \$_____.

Number of Children ages 11 and under: _____ x \$10.00 per ticket = \$_____.

Grand Total: _____.

Please make checks payable to Sunday River