

J3 Eastern Finals Series Schedule 2010-Mount Sunapee

Dates: Thursday-Sunday March 4-7, 2010

Schedule Subject to change based on weather

Wednesday March 3 Registrations –Hearthstone Room 8:00am-10:00am and 4:00-8:00pm

Team Captains Meeting Alpine Competition Center 6:00pm

Thursday- March 4, 2010 Super G on Wingding

Registration-Hearthstone Room Spruce lodge7:00am-3pm

Jury Inspection 8:15am meet at **Sunapee Lift** after that load time NO Coaches will be able to load until 9:00am

Sunapee Express lift opens 9:00am

Controlled free skiing on the hill 9:15am 10:15am

Inspection: 10:30am-11:30am

Training Run: 11: 45 pm Course Closed after end of last training run

Team Captains meeting Alpine competition Center 5:00pm

Friday March 5, 2010 *Super G on Wingding

Race headquarters Hearthstone Room-Spruce lodge open 7:30-3:00pm Spruce lodge

Jury Inspection 8:15am meet at **Sunapee Lift** after that load time NO Coaches will be able to load until 9:00am

Sunapee Express lift opens 9:00am

Controlled free skiing on the hill 9:15am- 10:15am

Inspection: 10:30am-11:30am

Race Run: 11:45am

Team Captains meeting Alpine Competition Center 5:00pm

No movement on the hill will be tolerated. Access to Coaches positions after the run has started or to the finish area will be down Skyway-Cataract

Yellow flags: top of Middle Wingding, top of Lower wingding

Check points; start referee; Upper Wingding; top of Middle Wingding(yellow Flag 1); Middle Wingding; top of Lower Wingding(yellow flag 2); finish referee.

There is no access to the bottom of the mountain from the bottom of the race course

All programs will be required to help role B net as soon as the race is over

Notes for athletes and coaches:

USSA Racer Code of conduct is expected to be followed. Absolutely no rude or destructive behavior will be tolerated.

***It is recommended athletes take their race equipment to the top and use the Summit lodge located very close to the start of the race. The Summit Lodge Closes at 3:30pm any bags left will be transferred to the Summit Ski Patrol.

Please rack your skis. Please respect the lodge and clean up after yourself

Please free ski under control on the mountain

The Spruce/Sunapee lodge has a bag storage policy please store all bags in cubbies.

Results will be available online as well as in the Spruce lodge at Guest Services at the end of the day Thursday, Friday, Saturday and Sunday.

Saturday March 6, 2010 Giant Slalom on Lynx

Race Headquarters Hearthstone Room open 7:30am-3:00pm

7:30 Jury Inspection meet at the North Peak lift

8:00am Lifts Open

8:15am-9:15am Athlete Inspection

Window for Inspection 8:15-8:30

Coaches in place 9:20

1st Forerunner 9:25

Women's first Run 9:30

Men's First Run to follow the Women

11:15 2nd run Jury Inspection

11:45am-12:45pm Athlete Inspection

Window for inspection 11:45-12:00noon

Coaches in place 12:50pm

1st Forerunner 12:55pm

Women's second Run 1:00pm

Men's second run to follow the Women

Immediately following the race we request athletes to please come up and roll B net

Team Captains meeting 5:00pm Alpine competition Center

Athletes/Coaches and Parents Pizza Party Reception /Awards 6:15 pm in the Sunapee Lodge

Sunday March 7 2010 Slalom on Goose bumps/Eggbeater

7:30am Jury Inspection meet at the North peak lift

8:00am Lifts Open

8:15am-9:15 Athlete Inspections

Window for inspection 8:15-8:30 Women's course skiers left Men's Skiers right

9:25am 1st forerunner

9:30am Women's first Run

Men's race will follow immediately after the women

11:15am Jury Inspection

11:45am-12:45pm Athlete Inspection both women and men-Women's course skiers right men's skiers left

11:45am-12:00pm Window for inspection

12:55pm 1st forerunner

1:00pm Women's second run

Men's second race will follow immediately after the women

Slalom Awards 1 Hour after the end of the race