



**2010 Eastern J3 Finals
Mount Sunapee, NH
March 4-7, 2010**



Event Registration: Wednesday, March 3 (8am-10am and 4pm-8pm) and Thursday, March 4 (7am-9am) in the Hearthstone Room, Spruce Lodge.

Event Dates: Thursday, March 4 - Sunday, March 7

Events: Super G, Giant Slalom, Slalom

Entry Fee: \$160 (Includes entries, lifts, welcome packet, t-shirt and Awards Pizza Party ticket)

Entry Deadline: As per USSA. Please send information and payment as soon as possible.
Ticket order form and payment must be postmarked by February 24 and received by March 1. See details and form below.

Entry Procedure and Payment: Mail completed entry form with payment by check (payable to Mount Sunapee Resort) to:

Kate McCloy
PO Box 585
Newbury, NH 03255

J3 State Chairs: Please send competitors' quotas/lists and coaches lists to the Eastern Office and copy Mount Sunapee at the above address or by email to mccloy@myfairpoint.net. Please include first and last name of each coach and USSA number broken down by complimentary coaches (per USSA guidelines noted below) and additional coaches (for whom payment will be made at registration).

Event Registration/Information: Wednesday March 3, 8am-10am, 4pm-8pm and Thursday, March 4, 7am-9am in the Hearthstone Room, Spruce Lodge.

At Event Registration you will pick up a welcome packet, detailed information and schedule, t-shirt, athlete Thursday-Sunday complimentary lift pass, Awards Pizza Party ticket (attached to event lanyard), pre-paid family Awards Pizza Party tickets.

** If possible, we urge competitors to register Wednesday in the Hearthstone Room. This will help avoid having to wait in line at Race Headquarters on Thursday morning.



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Race Headquarters/Information Headquarters and Hours:

- Wednesday, March 3 8-10am, 4-8pm in the Hearthstone Room, Spruce Lodge
- Thursday, March 4 7am-3pm in the Hearthstone Room, Spruce Lodge
- Friday, March 5 7am-3pm in the Hearthstone Room, Spruce Lodge
- Saturday, March 6 7:30am-3pm in the Hearthstone Room, Spruce Lodge
- Sunday, March 7 7:30am-3pm in the Hearthstone Room, Spruce Lodge

Pick up start orders, results and receive general information at the Hearthstone Room. Coaches will hand out bibs to their athletes at each race but if for some reason the coach does not have your bib, then check at Race headquarters the morning of the race.

Race Chairman: Jill Firstbrook

Technical Delegate: TBD

Housing: Please visit www.mountsunapee.com for a list of accommodations in the immediate area. Please note that I-89 provides easy access to the Sunapee Region from Lebanon, West Lebanon and Concord which are approximately 35-45 minutes from Mount Sunapee.

The following lodging properties have indicated that they will have tuning space available for their guests (be sure to mention the J3 Finals at Mount Sunapee):

Best Western-Sunapee Lake Lodge 800-606-5253

Comfort Inn – Concord, NH 603-226-4100

Mountain Edge Resort & Spa at Sunapee 877-468-3343

For those who may be interested in an area rental, contact:

Coldwell Banker Milestone RE – Joan Wallen(rental agent) 603-526-4116 or

Sunapee Getaways – 603-526-2436 or rentals@sunapeegetaways.com for availability.



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Information and Special Events

Event Registration:

Wednesday, March 3 8:00-10:00am & 4:00-8:00pm in the Hearthstone Room, Spruce Lodge

Thursday, March 4 7:00-9:00am in the Hearthstone Room, Spruce Lodge

Obtain the following:

- Welcome Packet
- Detailed schedule and information
- Athlete Thursday through Sunday complimentary lift pass
- Awards Pizza Party ticket (attached to event lanyard).
- Pre-paid family awards pizza party tickets.

Race headquarters/Information Center

Thursday, March 4 - 7:00am-3:00pm in the Hearthstone Room.

Friday, March 5 - 7:00am-3:00pm in the Hearthstone Room.

Saturday & Sunday, March 6 & 7 - 7:30am-3:00pm in the Hearthstone Room.

Obtain the following:

- Start orders
- Race results
- Weather Reports
- General information
- Your coach will obtain athlete bibs the night before at the Team Captains Meeting but if for some reason the coach does not have your bib, it should be at Race Headquarters in the Hearthstone Room the morning of the race.

We strongly encourage every racer and their family to register Wednesday at the Hearthstone Room as this will avoid your athlete having to wait in line at Race Headquarters on Thursday morning.



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For general information about Mount Sunapee Resort, visit www.mountsunapee.com. For “live” timing as well as results and start lists, visit www.live-timing.com.

Lost athlete and coach lift pass credentials: There will be a \$25 charge for lost coach or athlete multi-day lift tickets.

Awards Pizza Party: Saturday March 6, 6:15pm, **Sunapee Lodge**, 2nd floor.

Tickets for the Awards Pizza Party are limited and must be purchased in advance via the attached order form (order form must be postmarked by Wednesday, February 24, and received with payment by Monday, March 1st) First come, first served until sold out.

Awards Pizza Party Ticket Prices:

- Eastern J3 Finals Competitors – Complimentary. Event ticket (attached to event lanyard) is your Awards Pizza Party ticket.
- Coaches who are eligible for complimentary lift tickets (see USSA guidelines below) – complimentary. Event Ticket (attached to event lanyard)
- Children 11 and under - \$10
- Adults and Children 12 and over - \$20

Menu:

- Gourmet Pizza (assorted)
- Salad
- Pasta Salad
- Make your own sundae bar
- Soda, hot drinks, water

Athlete’s Family Discounted Lift Tickets:

All family tickets may be purchased daily at our Group Sales Office located on the north end of the Spruce Lodge.

Wednesday 3/3: “2 for 1 Wednesday” Adult Ticket – \$32

Thursday 3/4 – Friday 3/5: ADULT - \$46

YA(13-18)/SR(65-69) - \$34

JR(1-12)/SS(70+) - \$23

Saturday 3/6 – Sunday 3/7: ADULT - \$50

YA/SR - \$38

JR/SS - \$27

Race worker opportunities: We are always looking for parents to volunteer at the races. You will receive a free lift pass for use by you the day you work, plus a voucher for one lift pass at Mount Sunapee valid for one year from your work date. Please email Marie Koski at mk2funnyfarm@aol.com if you are interested in volunteering.



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Bib Numbers: Bibs will be distributed to the coaches at the Team Captains Meetings each evening and collected at the finish line after the second run each day.

Race Trail Access: Only athletes, coaches, race crew, officials and credentialed press will be allowed within the course area. Please respect this request for course control and for the safety of the athletes.

Spectators: The speed (SG) venue, Wingding Trail, starts just below the summit and finishes at the bottom of the Sun Bowl. There is limited viewing available along the outside of the course. Those who wish to hike to the bottom of the Sun Bowl should be prepared to hike approximately 1 mile over a hilly snowy road. YakTrax type footwear is recommended. There are no facilities at the bottom of the Sun Bowl.

For the GS(Lynx Trail) and SL(Goosebumps/Eggbeater) events, the finish areas are in the main base area. There will be ample space for spectators.

Mountain Etiquette and Athlete Code of Conduct: As noted in your USSA Competition Guide, while on the hill or in the lodge, all athletes must maintain high standards of moral and ethical conduct, which includes self-control and responsible behavior, consideration for the physical and emotional well being of others, courtesy and good manners.

Safety Fence Removal after Friday Super G: At the close of Friday's Super G Race, athletes and coaches will be asked to help remove the safety fence from the Wingding trail. Additional information will be provided at the Thursday Team Captains Meeting.

Coaches tickets and Awards Pizza Party access: Consistent with USSA policies, the rule for complimentary coach lift tickets is set forth below (Mount Sunapee will follow the same formula for complimentary Awards Pizza Party tickets for coaches). All athletes are entitled to representation by a coach from their home program and as such:

First Coach - complimentary if **1-4** athletes competing from their program

Second Coach – complimentary if **5-8** athletes competing from their program

Third coach – Complimentary if **9-12** athletes competing from their program

Fourth coach – complimentary if **greater than 12** athletes competing from their program

Complimentary Coaches lift / Awards Pizza Party Ticket: The multi-day ticket for complimentary coaches (4 day lift pass starting Thursday March 4 - Sunday March 7) as noted above, and Awards Pizza Party Ticket (attached to event lanyard) can be picked up on Wednesday, March 3 from 4-8pm at Event Registration. These credentials will also be available at the Team Captains Meeting on Wednesday evening at the Competition Center.



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Coaches in excess of Complimentary USSA Levels – lift tickets: Mount Sunapee will offer a discounted lift ticket for \$30 per day from Friday, March 5 – Sunday, March 7 for official coaches from any participating program in excess of the Complimentary USSA level if their organization would like to have additional coaches at the event. These names must be submitted in advance to Kate McCloy (mccloy@myfairpoint.net) and coaches must present a current USSA coach license at the time they pay for their discounted ticket. Tickets will be available at the Thursday Team Captains Meeting and at Race Headquarters Friday, March 5 at 7:00am.

Awards Pizza Party tickets for coaches in excess of complimentary USSA levels: As an additional coach, we are happy to extend to you a ticket to the awards pizza party for \$20 per person but we need to receive your Awards Pizza Party ticket order and payment postmarked by Wednesday, February 24 for receipt by Monday, March 1. See order form below.

Required Return Items Checklist: The following items should be completed, signed and returned immediately to: **Kate McCloy, PO Box 585, Newbury, NH 03255**

- Athlete Registration/ Release Form-** Please note that the ski area is unable to activate the athlete's lift ticket until the *original* of this signed document is returned to Mount Sunapee.
- Check payable to:** Mount Sunapee for \$160 for athlete registration fees.
- Awards Pizza Party ticket order form-** must be postmarked by February 24, and received by March 1st
- Check payable to:** Mount Sunapee for awards Pizza Party tickets as computed on the form.

Questions: If you have any questions please contact: Kate McCloy at mccloy@myfairpoint.net or 603-504-2410.



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Awards Pizza Party Ticket Order Form

J3 Eastern Finals Competitor Name* _____
(Please print first and last name)

*If this order form is for Pizza Party Tickets for a coach who is not complimentary under USSA guidelines as described in this packet, or is the guest of any coach, please put coaches name and note as such above, rather than athlete name.

Please print below the *first name and last name* of each person for whom the Awards Pizza Party tickets are being purchased under the applicable age category. Eastern J3 Finals Competitors receive complimentary admission to the Awards Pizza Party so you do not need to purchase a ticket for the competitor.

Adult & Children ages 12 & above: _____

Children 11 & under: _____

Number of Adults and Children ages 11 and over tickets = _____ x **\$20.00** per ticket = \$ _____

Number of Children ages 10 and under tickets = _____ x **\$10.00** per ticket = \$ _____

Grand Total \$ _____

Please mail a check payable to Mount Sunapee for the above Grand Total amount to the following address postmarked by February, 24 (for receipt by March 1, 2010):

Kate McCloy
PO Box 585
Newbury, NH 03255



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Athlete Registration/Release Form

Please Print Clearly

Athlete Last Name: _____ **Athlete First Name:** _____

Sex: _____ **Age:** _____ **Date of Birth:** _____ **USSA#:** _____

Mailing Address: _____

City: _____ **State:** _____ **Zip:** _____

Home phone: _____ **Cell phone:** _____

Email: _____

Emergency Contact: _____ **Emergency phone:** _____

Athlete's State Ski Assoc: _____ **Athlete's Ski Team:** _____

_____ I have completed this registration form and have sent it to Mount Sunapee per USSA requirement along with a check payable to Mount Sunapee for \$160 along with the following signed Release of Liability and Indemnification Agreement to the following address: *Kate McCloy, PO Box 585, Newbury, NH 03255*

RELEASE OF LIABILITY AND INDEMNIFICATION AGREEMENT

PLEASE READ CAREFULLY BEFORE SIGNING

Release of Liability and Assumption of Risks

1. I understand that my participation and/or participation by my child(ren) or ward (hereafter collectively "my Child") in the USSA J3 Eastern Finals (hereafter "the Event") on Thursday March 4, 2010 through Sunday March 7, 2010 involves exposure to inherent risks of skiing, snowboarding and/or other winter sports. I realize that accidents and injuries frequently occur at ski areas and that skiing, snowboarding, and/or other winter sports are hazardous and have many dangers and risks, including by not limited to: loss of control due to variations in snow or ice conditions, jumps, steepness and terrain features; collisions with fixed or moving objects, natural or man-made, collisions with other skiers or persons. I voluntarily EXPRESSLY ASSUME ALL RISKS inherent or otherwise with my or my Child's participation in the Event, including all risks of personal injury, death or property damage. As a condition of being permitted to participate in the Event, I certify that I have full authority to act as my Child's legal guardian and in that capacity and with full understanding of the foregoing risks, I, individually and as legal guardian of my Child, **RELEASE** Mount Sunapee, The Sunapee Difference LLC, Resort Asset Management LLC, Triple Peaks LLC, CNL Mount

Sunapee Income LLC, State of New Hampshire, their parent companies, subsidiaries, affiliates and their agents, employees, directors, shareholders, and officers (hereafter "RELEASEES") from any claims of legal liability including NEGLIGENCE, for personal injury or death or property damage which results in any way from: conditions on or about the premises or facilities, the operation of the ski area including but not limited to grooming, snowmaking, and/or other ski area operations, natural or man-made obstacles and terrain features or their placement, visibility or conditions, actions or omissions of employees or agents of the area or my participation in any form of skiing, snowboarding or any other activities of the area, accepting myself the full responsibility for any such damage or injury of any kind which may result.

Indemnification Agreement

I further agree to INDEMNIFY, DEFEND AND HOLD HARMLESS MOUNT SUNAPEE from any and all damages and losses or claims or actions of any kind, including NEGLIGENCE, brought by any person, including my Child, which arise out of my Child's use of any Mount Sunapee Resort premises or facilities.

Miscellaneous

I further agree to inspect the course prior to practicing for or participating in any event.

I agree to allow the Mount Sunapee Resort and its sponsors the right to use, in perpetuity, all likenesses or images of me taken during my participation in the event.

I agree that any claim which I, individually or as legal guardian of my Child, or my Child directly may bring against Mount Sunapee shall be brought ONLY in the New Hampshire Federal or State courts. I agree that this document is a legally binding contract which supersedes any other agreements or representations by or between the parties and which is intended to provide a comprehensive release of liability. I agree that if any provision of this agreement is determined to be unenforceable, all other provisions shall be given full force and effect.

By my signature below, I hereby certify that I have read and understand the terms of the above RELEASE OF LIABILITY AND INDEMNIFICATION AGREEMENT and I am signing it freely of my own accord realizing its binding effects on myself, my Child, our heirs and assigns.

Parent/Legal Guardian Signature
(If participant, under 18 years of age)

Date

Printed Name

Athlete Signature

Date

Printed Name

