

Welcome to the 2010 Eastern JII Championships



To Visiting Athletes, Coaches and Parents:

MMSC is delighted to host the 2010 Eastern JII Championships. We hope that you will enjoy the challenges of the Main Street race course on Spruce Peak. We have made great efforts to provide you with an excellent course.

While visiting Stowe for the Eastern JII Championships, please adhere to the following guidelines:

- Race Registration takes place in the Day Lodge (next to Spruce Peak Base Camp).
- Gear and bags must be Stored in the Day Lodge or in the Complimentary Bag Storage on the Plaza Level of Spruce Camp Base Lodge. Please make sure that all bags and gear are returned to Bag Storage Area before leaving the Base Lodge.
- If you plan to picnic lunch, please use the Day Lodge. Spruce Camp Base Lodge is a restaurant and no outside food is permitted.
- Stowe's motto is Awareness, Accountability, and Attitude. We expect proper ski etiquette while enjoying this incredible facility: observe lift lines, ride lifts with safety bars down, watch your speed on open public trails, and treat all Mountain staff, race workers and officials with respect.
- Races end near the Mount Mansfield Ski & Snowboard Club. Remember, the Eastern JII Championships is one of many activities taking place at Stowe and we are expecting big crowds this weekend. The Clubhouse and adjacent parking is reserved for members only. Restrooms may be found at the Spruce Base Lodge and in the brown building adjacent to the Sensation Quad lift.
- The most direct trail from Main Street back to the Base Camp is via "Easy Street." This is terrain filled with beginners and children learning to ski. Please ski slowly and with caution on this trail. Ski Patrol will be enforcing speed limits and monitoring behavior to ensure everyone's safety.
- Don't forget your pass! Race bibs will not be honored as tickets. Have a great time at the 2010 Eastern JII Championships!

Dates: March 2,3,4,5, 2010

Entry Fee: \$280 (includes lift pass+ Banquet+ T-shirts)

Please make checks payable to: MMSC

CC: VISA, MasterCard ONLY ad 3%

Entry Deadline: Friday, 25 February 2010

Entry Procedure: Standard FIS

Eligibility: As per FIS/USSA

Trail: Main Street Homologation No.
(SG) Vertical Drop 403 9296/10/09
(GS) Vertical Drop 309 8992/11/08
(SL) Vertical Drop 200 8993/11/08

Hospitality Chair: Carolyn Ruschp

stowemotel@aol.com

Stowe Motel

2043 Mountain Road, Stowe, VT 05672

Phone: (802) 253.7004 Fax: (802) 253.9971

Race Headquarters: Mount Mansfield Ski Club (MMSC)

Hours: 8:00am - 5:00pm

Race Chairman: Igor Vanovac

igorvanovac@teammmsc.org

403 Spruce Peak Rd., Stowe, VT 05672

Phone: (802) 253.7704 Fax: (802) 253.9657

Secretariat: Laura Farrell

laurafarrell@teammmsc.org

403 Spruce Peak Rd., Stowe, VT 05672

Phone: (802) 253.7704 (ext.30) Fax: (802) 253.9657

Note: ENTRIES MUST INCLUDE PAYMENT

Technical Delegate:

Program:

Monday	1 March 2010	6:00pm	Team Captains	MMSC CLUB
Tuesday	2 March 2010	9:30am	Super G	Main Street
Tuesday	2 March 2010	4:30pm	Team Captains	MMSC CLUB
Wednesday	3 March 2010	9:30am	Super G	Main Street
Wednesday	3 March 2010	4:30pm	Team Captains	MMSC CLUB
Thursday	4 March 2010	9:30am	GS	Main Street
Thursday	4 March 2010	4:30pm	Team Captains	MMSC CLUB
Thursday	4 March 2010	5:30pm	Banquet	Spruce Lodge
Friday	5 March 2010	9:30am	SL	Main Street

Awards will be presented approximately 15 minutes after the last competitor each day

Note: Any help with set-up and tear down of course and fencing will be greatly appreciated

Registration: Is at Spruce Peak in the Spruce Peak Day Lodge between 7:30-8:30 am.

Updates and Changes: check the Fact sheet at the website: www.teammmssc.org

Race Worker Opportunities: We are always looking for parents to volunteer and help during the races. You will receive a free lift pass for the day you are working and a voucher for a ticket for another day.

Banquet: The Banquet will be held on Thursday, March 4 at Spruce Peak at the Spruce Camp Lodge. Tickets are limited and must be purchased by Tuesday, February 25 at 1:00 pm.

Competitors and Coaches - Included in registration fee.

Children under 10 - \$15.

Parents and Guest - \$20.

Maps: will be available at www.teammmssc.org.

Mountain Etiquette and Athlete Code of Conduct: As noted in your USSA Competition Guide, while either on the hill or in the lodge, all athletes must maintain high standards of moral and ethical conduct, which includes self-control and responsible behavior, consideration for, the physical and emotional wellbeing of others and courtesy and good manners. Please observe "Your Responsibility Code" and "Go with the Flow"

Coaches Information and meeting Schedule: Consistent with USSA policies, the rule for complimentary coach tickets is as follows: All athletes are entitled to representation by a coach from their home program. If a program would like to have two coaches they must have more than 6 athletes, more than 10 athletes for 3 coaches, more than 14 for 4 coaches, etc.

Banquet Ticket Order Form

Competitor Name (first & last) _____

Other guest (first & last) _____

Billing Address: _____ Phone: _____

_____ Email: _____

Make checks payable to MMSC. Mastercard/Visa accepted

Number of Tickets _____ at \$20/ticket = total _____

Number of Tickets _____ at \$15/ticket = total _____

TOTAL DUE _____

Credit Card Number: _____

Expiration Date: _____ Zip code _____ Mastercard/Visa (Sorry no other CC accepted)

Name on the Credit Card: _____

Signature: _____

For Official Use Only:

Entered by: _____ Amount Paid _____ Date Received _____

Athlete Registration/Bio Information

Please print name as it appears on your USSA card.

Last Name _____ First name _____

Male/Female: _____ Age: _____ Date of Birth: _____ USSA#: _____

Mailing Address: _____ Phone: _____

City: _____ State: _____ Zip: _____

Email: _____

Emergency Contact: _____ Emergency Phone: _____

Your State Ski Association: _____

Your Ski Area: _____

Your Training Club/Team: _____ Club Abbreviation: _____

_____ I have included the payment of \$280. Check (payable to MMSC) or Mastercard/Visa

Name on the Credit Card: _____

Credit Card #: _____ Exp. Date: _____

Please mail athlete registration form, release form, and banquet form to:

MMSC
403 Spruce Peak Rd.
Stowe, VT 05672
ATTN-Race Administrator: Laura Farrell

Schedule

Monday, March 1	Captains Meeting	6:00 pm	MMSC Clubhouse
Tuesday, March 2 Super G	Registration	7:30-8:30 am	Spruce Day Lodge
	Lift Opens - Sensation	8:00 am	Spruce Peak
	Course Inspection	8:15-9:00 am	Main Street
	Women's Forerunner	9:25 am	Main Street
	Women's Run 1	9:30 am	Main Street
	Men's Forerunner	10:40 am	Main Street
	Men's Run 1	10:45 am	Main Street
	Team Captains meeting	4:30 pm	MMSC Clubhouse
Wednesday, March 3 Super G	Registration	7:30-8:30 am	Spruce Day Lodge
	Lift Opens - Sensation	8:00 am	Spruce Peak
	Course Inspection	8:15-9:00 am	Main Street
	Women's Forerunner	9:25 am	Main Street
	Women's Run 1	9:30 am	Main Street
	Men's Forerunner	10:40 am	Main Street
	Men's Run 1	10:45 am	Main Street
	Team Captains meeting	4:30 pm	MMSC Clubhouse
Thursday, March 4 Giant Slalom	Registration	7:30-8:30 am	Spruce Day Lodge
	Lift Opens - Sensation	8:00 am	Spruce Peak
	Course Inspection	8:00-9:00 am	Main Street
	Forerunner	9:25 am	Main Street
	Run 1	9:30 am	Main Street
	Course Inspection	12:00-12:30 pm	Main Street
	Forerunners	12:55 pm	Main Street
	Run 2	1:00 pm	Main Street
	Team Captains Meeting	4:30 pm	MMSC Clubhouse
Friday, March 5 Slalom	Registration	7:30-8:30 am	Spruce Day Lodge
	Lift Opens - Sensation	8:00 am	Spruce Peak
	Course Inspection	8:00-9:00 am	Main Street
	Forerunner	9:25 am	Main Street
	Run 1	9:30 am	Main Street
	Course Inspection	12:00-12:30 pm	Main Street
	Forerunners	12:55 pm	Main Street
	Run 2	1:00 pm	Main Street