

**Gore Mountain**  
**East J3 Super G Camp & Race**  
**February 4, 5, 6<sup>th</sup>, 2012**

Trail: Twister

TD: Chuck Schweitzer

Access: Adirondack Express (Triple chair) from base area

Schedule:

**Saturday the 4th:**

**7:30 – 8:30 Registration NYSEF building.**

**Volunteer sign in at Registration**

**8:15 Coaches Meeting in NYSEF building  
( Must have proper ID for Ticket )**

**8:45 Athletes meet Coaches in front of NYSEF building**

**9:00 Inspection of Hill**

**9:30-11:30 Section training**

**11:30 – 12:30 Lunch (Trail closed to athletes at this time)**

**12:30 Section Training by group**

**3:00 Trail closed to all athletes**

**3:30 Coaches Meeting @ Training Center**

**Athletes please return Bibs to training Center each day!**

**Sunday the 5<sup>th</sup>:**

**8:00 – 8:15 Bib pickup at the NYSEF Building**

**8:15 Athletes meet groups in front of NYSEF building**

**8:30-9:30 Course Inspection**

**9:45 Section Training**

**11:30-12:30 Lunch (Trail closed to athletes at this time)**

**12:30-1:30 Course Inspection**

**1:45 Course closed to all movement**

**2:00 Full length training run (not timed)**

**3:45 Coaches meeting @ Training Center**

**Athletes please return bibs to training Center!!**

**\*\* No fast skiing or tucking on trails open to the public**

**\*\* Must use safety bars on all lifts at all times**

**\*\*Lost tickets or those revoked by Patrol will not be replaced**

# **J3 Super G Race Monday February 6<sup>th</sup>, 2012**

**Schedule:**

**TD: Chuck Schweitzer**

**Trail: Twister**

**Access: Adirondack Express (Triple Chair) from base area**

**7:30 – 8:30 am: Registration, NYSEF building**

**Volunteer sign in at registration**

**8:00 am Coaches Meeting NYSEF building  
(Must have proper ID for Ticket)**

**8:15 Triple Chair open**

**8:30 – 9:30 Course Inspection**

**9:45 - Course closed to all no movement**

**10:00 – Super G Race**

**DSQ's will be posted on the scoreboard at the finish building  
A 15 minute protest period will be in place, starting at the time the referee report is posted.**

**Please Return Bibs to Training Center !!!!!**

**\*\* Awards will be at the Training Center after the race just before the State team is announced .**

**\*\* Absolutely no movement on hill permitted during the event.**

**\*\* Safety bars must be used at all times**

**\*\* Lost or revoked tickets will not be replaced**

**\*\* No fast skiing or tucking on trails open to the public**

## **Camp details:**

On Saturday coaches and athletes will be grouped by clubs/size into working groups. Those groups will then be assigned a section schedule.

### **On Saturday there will be five (5) sections:**

1. Pole Hoppers
2. Glide Track
3. Burnt Ridge work road to Pump house
4. Pump house to Autobahn
5. Autobahn to finish

Sections will be operated by the coaches leading each group.

### **Sunday Morning there will be two (2) sections:**

1. Race start to 1A cut off
2. 1A cut off to finish

**Sunday Afternoon there will be one (1) untimed full length training run.**